Staff

**Directed Hours** 

Meetings held during the school day

**Staff Events** 

**Staffroom** 

**Opinions Asked** 

**Staff Surveys** 

**Protected PPA & Leadership Time** 

Wellbeing

**6Rs and Growth Mindset** 

**Route to Resilience** 

**Pupil Voice** 

**School Council** 

**PSHCE** 

**Fun Time** 

RE

Gardening

**Promote Healthy Eating** 

**Assemblies** 

**School Nurse** 

**Play Therapy** 

**Early Help** 

Social, Emotional and Mental Health Team

Wellbeing support (1 to 1, small group)

**Removing Barriers to Learning** 

Lunchtimes

**Sports Clubs** 

Lunchtime supervisors available to talk

Sports equipment on the playground

Friendship area

**Sports' Leaders** 

**Red Hats** 

LCFC—Girls'club

## Health and Wellbeing at Beaumont Lodge Our whole school offer

**Physical Activity** 

Daily Boost led by sports' leaders

**Engage Project** 

**Breakfast Club** 

**After School Club** 

**Swimming** 

Bikeability

**Active play and lunch times** 

Intra sports competition

**SEND Sporting Activities** 

**Competitive Sport** 

Range of competitions

SSPAN

**Football Leagues** 

Sports' Day

## Extra-curricular activities Variety of sports clubs depending on competition calendar:

School Football Teams

**Athletics** 

Netball

Basketball

Cross Country

Dodgeball

Boccia

**New Age Kurling** 

**Table Tennis** 

Tri-golf

Cricket

Hockey

Rugby

**Gymnastics** 

Cycling

Art

Music

Cooking

PE

Range of key skills and core sports delivered across the curriculum.

PE sessions by Teachers/Sports Coach

**Celebrating individual talents and successes** 

Big moves, gymnastics, ball, skills, athletics, strike and fielding, team games.

**KS2 Swimming** 

**Year 5/6 Residential**