



Beaumont Lodge

PRIMARY SCHOOL

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Intimate Care Policy

Intimate Care Policy

1. Introduction

The purpose of this policy is to ensure that intimate care is provided to all children in a safe, respectful, and dignified manner. It aims to protect the welfare of children, promote their independence, and maintain the highest standards of care.

2. Objectives of the Policy

- To safeguard the rights of children and ensure their well-being.
- To make sure that intimate care is carried out with sensitivity, respect and consideration for the child's needs and dignity.
- To outline procedures and best practices for staff involved in intimate care.
- To inform parents and guardians about how intimate care is managed and involve them in decision-making.
- To ensure that staff are trained and aware of safeguarding requirements.

3. Definition of Intimate Care

Intimate care refers to personal care that requires staff to support children with tasks that may involve touching or assisting in situations where a child may be exposed or in a vulnerable position. This includes, but is not limited to:

- Assisting with toileting, including when a child has soiled themselves or requires support after vomiting or being ill.
- Helping a child to dress or undress.
- Assisting with medical procedures or personal care that the child cannot manage independently.

4. Principles for Intimate Care

- **Respect and Dignity:** Intimate care should be carried out in a way that respects the child's privacy and promotes dignity. Wherever possible, children should be encouraged to carry out tasks themselves.
- **Safety and Comfort:** Children's safety and comfort are paramount. Staff should be gentle, reassuring, and responsive to the child's needs.
- **Confidentiality:** Information about intimate care will be kept confidential, and shared only with those who need to know to support the child.
- **Choice:** Children should be given choices and be encouraged to take responsibility for their own care as much as possible.
- **Staff Awareness:** Staff should always be aware of their own feelings and boundaries, ensuring that the child feels comfortable and supported.

5. Continence and Toilet Training

- Children who need assistance with toileting will be given privacy, and, where appropriate, will be encouraged to clean themselves under adult supervision.
- Pre-moistened wipes and clean clothes are provided for children when needed.
- Parents will be notified if a child has soiled themselves.

- Children who are not yet toilet trained will be supported in their training in co-operation with parents to ensure consistency between home and school.

6. Intimate Care Plans

For children with ongoing intimate care needs (e.g. due to a medical condition or disability), an Intimate Care Plan will be developed. This plan will be created with input from the child's parents or guardians, relevant professionals, and school staff. The plan will outline:

- The specific care needs and how they will be met.
- Strategies to encourage independence and minimise reliance on adults.
- Arrangements for any school activities, such as trips or PE lessons.
- Emergency procedures, if applicable.

The plan will be reviewed regularly and updated as necessary.

7. Procedures for Intimate Care

- **Staff Responsibilities:** Staff will always wear protective gloves during intimate care. The procedure will be explained to the child in a reassuring and age-appropriate manner.
- **Privacy:** Every effort will be made to ensure that the child's privacy is respected. Care should take place in a private area, and only staff members directly involved will be present.
- **Hygiene:** Care procedures will follow hygiene standards, including disposal of soiled items and cleaning of the child.
- **Second Adult:** Whenever possible, a second adult will be present during intimate care to protect both the child and the staff member.

8. Training and Professional Development

- All staff involved in intimate care will receive training in child protection, health and safety, and the procedures outlined in this policy.
- Training will also cover dignity, respect, and sensitivity when working with children.
- Regular updates and refresher training will be provided to ensure staff are aware of current best practices.

9. Communication with Parents

- Parents will be informed about the intimate care their child may require and will be involved in the creation of any Intimate Care Plans.
- If there are changes to the child's needs or care routines, parents will be consulted.

10. Safeguarding and Protection

- All staff working with children are subject to appropriate background checks to ensure their suitability to work with children.

- ## 11. Review of the Policy

INTIMATE CARE PLAN

Details of assistance required:

Staffing:

Regular:

Back up:

Curriculum specific needs:

Arrangements to be made on school visits:

This current plan has been agreed by:

Name	Role	Signature	Date
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Date for review: (within 12 months or sooner if circumstances change)

SENCo 2024 - 2025

INTIMATE CARE PLAN

Photo of child

Identification Details	
Child's Name	
DOB	
Address	
Year group and class	

Medical Details	
Medical condition	
Treatment Regime	
Medication prescribed or otherwise	
Symptoms of illness or Side effects of medication	
Action to be taken in the event of an emergency / crisis	

Contact Details	
Parent / Carer	
Alternate family contact (nominated by parent/carer)	
Doctor / Paediatrician/ Pharmacy	
Any other relevant Health Professional	

Intimate Care Required	
Equipment and Accommodation	
Procedures to follow	
Consent	
Review and Update	Head teacher Parent

Facilities Required	
Equipment and Accommodation	
Staff training / management/ Administration	
Consent	
Review and Update	Head teacher Parent