

RSHE Policy

What is RSHE?

RSHE stands for Relationship, Sex and Health Education. Under the Children and Social Work Act 2017 the government committed to making Relationships Education statutory in all primary schools. Health Education is also compulsory from September 2020. Aspects of Sex Education are already compulsory within the Science Curriculum. From September 2020 schools may choose to teach additional content. Parents have the right to withdraw their child from this additional content.

At Beaumont Lodge Primary School we have been teaching PSHE (Personal, Social, Health and Economic Education) for many years. The relationships content of the new RSHE curriculum are already covered within our PSHE work. Likewise the health content is covered within our PSHE, PE and Science curriculum. Sex Education is covered within our science curriculum and the additional content is covered in year 6. Parents of children in year 6 are consulted about this content before it is delivered and are invited to ask questions or raise any concerns they have. They are also offered the opportunity to withdraw their child if they wish.

Why teach it?

The purpose of RSHE is to prepare children for happy, healthy and successful adult life. It is to provide children with the knowledge that will enable them to make informed decisions about their wellbeing, health and relationships and to build their confidence and ability to deal effectively with new challenges.

There is also a strong emphasis on safeguarding and staying safe including online safety. The content for this is covered through our computing curriculum as well as our PSHE curriculum. We recognise the importance of teaching children about the benefits but also dangers of using the internet and social media.

How will it be taught at Beaumont Lodge?

Our PSHE curriculum is usually taught as a lesson once a week throughout the year (although some teachers may teach them as a series of lessons together). During these lessons we encourage the children to talk and ask questions. The curriculum is delivered in a variety of ways including video clips, books, puppets and drama. It is an opportunity for the children to share how they feel and give their opinions. It is a time when children develop confidence in expressing themselves, their thoughts and their ideas.

From September 2020 the curriculum will be taught in 6 half termly topics which are revisited at the same time in each year group. These are: Being me in my world; Celebrating Difference; Dreams and Goals; Healthy Me; Relationships; Changing Me.

Other aspects of the RSHE curriculum not covered within PSHE will continue to be taught through the other curriculum areas of PE, computing and Science.

What if I think I am unhappy about something that is going to be taught?

Please speak first to your child's class teacher if you have any concerns about any curriculum content. On request, parents will be shown a copy of the PSHE scheme of work and materials for the half term and are invited to ask any questions about the content and its delivery. For any aspects of the curriculum that are not compulsory or that we feel may cause concern (e.g. sex education in upper key stage 2), an information letter or meeting will take place to inform parents of the content. Again parents are invited to questions and view the materials to be used before any teaching takes place.

If you still have concerns please arrange a meeting via the school office with Mrs Smith to discuss this further.

Parent Opportunity to View the RSHE Policy

We would like to invite parents to read our RSHE policy and to make comments or raise any questions you might have about this. Your comments will be reviewed and used to inform changes to the policy which is reviewed annually in May.