

## Intent

At Beaumont Lodge Primary School, we are Sports people! We want our children to develop a love of physical education and sport. We believe It is important that children understand the benefits of being physically active and that where possible, barriers to participation are broken down to encourage all children to lead a healthy and active lifestyle. By providing a broad, balanced and progressive curriculum with extra-curricular activities that are tailored to all children, they will have the motivation, confidence and physical competence to find a sport they are both successful in and enjoy. This will result in children gaining a sense of belonging when playing as part of a team and produce healthy active children. Children will develop their physical and social skills when applying these in a competitive situation. They will learn how to win and lose and develop a sense of pride. We want them to have no limits to what their ambitions are and grow up with the belief that they could become personal trainers, nutritionists, sports journalists or gold medal winners. Our intention is to develop a lifelong love of physical activity, sport and PE.

## Implementation:

Our use of PE coaches ensures that our children receive quality first provision across all year groups. This provision extends to lunchtimes also.

Our PE coaches work regularly within EYFS to support the children's physical development, focusing on improving core strength and gross motor skills.

Across the school, every class has two dedicated PE lessons each week.

Children in Years 3-6 participate in a swimming curriculum for 9 weeks a year. This is essential in teaching them this important life skill as well as life saving techniques.

All children at Beaumont Lodge have access to a variety of extracurricular activities such as after school clubs every day and tournaments.

Children have the opportunity to participate in a wide range of competitions ranging from running to gymnastics. Our participation and success in sporting events raises the profile of PE further.

**We are sports people**

explain

understand

identify

know

use

name



recommend share

set listen link

comment perform

reflect

listen



Beaumont Lodge  
PRIMARY SCHOOL

EYFS



Stop /start Space



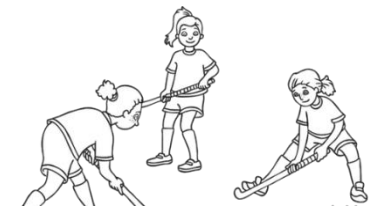
Throw & catch



Gymnastics



Dance



Invasion games



Ball skills

Yr1



Throwing & catching



Ball games



Gymnastics Dance



Invasion games



Throw & Catch



Athletics

Beaumont Lo  
PRIMARY SCHOOL

Yr2



Throw & Catch



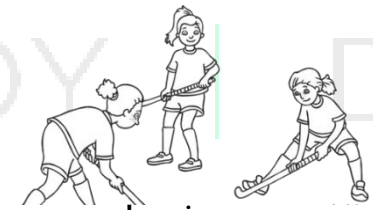
Ball games



Gymnastics



Dance



Invasion games



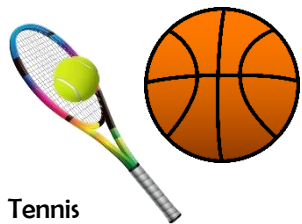
Throwing & catching Ball games



Athletics

LEARN ENJOY DEVELOP

Yr3



Tennis  
Basketball



Rugby  
Netball



Gymnastics  
Dance



Hockey  
Rounders



Cricket  
Dodgeball



Athletics  
Tri-golf

Yr4



Tennis  
Basketball



Rugby  
Netball



Gymnastics  
Dance



Hockey  
Rounders



Cricket  
Dodgeball

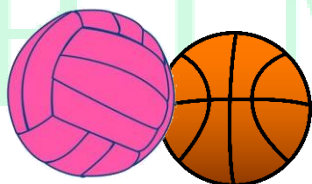


Athletics  
Tri-golf

Yr5



Table Tennis  
Sports hall Athletics



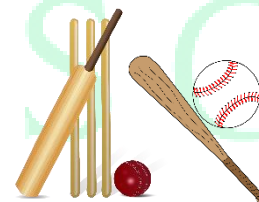
Netball  
Basketball



Gymnastics  
Dance



Hockey  
Dodgeball



Cricket  
Rounders

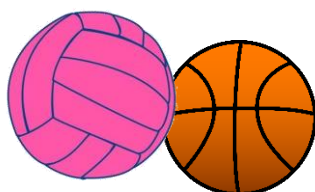


Athletics  
Tri-golf

Yr6



Table Tennis  
Sports hall Athletics



Netball  
Basketball



Gymnastics  
Dance



Hockey  
Dodgeball



Cricket  
Rounders



Athletics  
Tri-golf

Beaumont

PRIMARY SCHOOL

LEARN | ENJOY | DEVELOP